

Contents

- 1 Editorial
Arlene Astell
- 2 Chair's Letter
Sinclair Lough
- 4 North West PSIGE – a vibrant group
Sarah Butchard & Sylvia Dillon
- 6 Life story work in Oldham – embedding it into practice.
Polly Kaiser, Ken Holt, Linda Green, Chris Newton, Julie McBride, Keren Cohen,
Christine Wilson & Paul Hutton
- 13 A toast to Joy
Jeff Garland
- 14 Improving Access to Psychological Therapies for older people in the Wirral
Rachel Glynn-Williams
- 21 Are older service users interested in using computerised CBT for depression and anxiety?
Kelly Elsegood
- 22 Clinical psychology in intermediate care – an exciting new world
Helen Newby
- 26 Mindfulness-based cognitive therapy in Lancashire
Alistair Smith
- 29 Religion and therapeutic intervention with older people: Reflections on a thorny issue
Ruth Hodson
- 35 Developing supervision guidelines on neuropsychological working in older adults
Gavin Newby & Sylvia Dillon
- 36 Why are we here? Demonstrating the role and value of psychology services in
physical health settings
Jessica Read
- 42 Retirement – what's that?
Diana Pidwell
- 45 'You say Goodbye and I say Hello' – narrative therapy and remembering practices
with older people
Polly Kaiser
- 48 Collaboration between the three training courses
Cathy Amor, Sylvia Dillon & Linda Steen
- 49 The subjective experience of Quality of Life in people with moderate to severe dementia
Yvonne Woodward
- 54 Inaccurate assumptions: A trainee's view on starting the older adult placement
Ceri Woodrow
- 56 Special Interest web pages
Sarah Dexter-Smith
- 68 Geographical Group Convenors as at 18 May, 2007
- 71 PSIGE Committee 2007/2008



The
British
Psychological
Society

Psychology Specialists
Working With Older People

PSIGE Newsletter

No. 104 – July 2008

NORTH WEST
GEOGRAPHICAL GROUP



www.psig.org



Salford Quays, Manchester.

ISSN: 1360-3671

St Andrews House, 48 Princess Road East, Leicester LE1 7DR, UK
Tel 0116 254 9568 Fax 0116 227 1314 E-mail mail@bps.org.uk www.bps.org.uk

© The British Psychological Society 2008
Incorporated by Royal Charter Registered Charity No 229642



9 771360 367003 00
I S S N 1 3 6 0 - 3 6 7 1



www.psig.org

Psychology Specialists Working With Older People

AIMS

- ◆ to promote opportunities for the exchange of knowledge and expertise between members;
- ◆ to promote a greater appreciation of psychological factors in ageing;
- ◆ to advise and participate in matters of teaching and training;
- ◆ to stimulate research and disseminate research findings;
- ◆ to act in an advisory capacity on issues relating to the well-being and provision for care for older people;
- ◆ to foster an exchange of information and ideas with other professional and voluntary groups.

EDITOR

Dr Arlene J. Astell

School of Psychology, University of St. Andrews, Fife, Scotland, KY16 9JU.

E-mail: aja3@st-andrews.ac.uk

ISSN: 1360-3671

This publication is essentially a forum for members. Articles may be reproduced for personal use unless otherwise stated. Views expressed by the authors may not represent views by PSIGE as an organisation.

PSIGE is the Faculty for Old Age Psychology
(British Psychological Society, Division of Clinical Psychology).

Notes for Contributors

Articles

Contributions in the form of short articles on any aspect of psychological theory or practice with older people are always welcome. As the *Newsletter* aims to cover a broad, cross section of work with older people, we are happy to consider academic, descriptive, discursive, or review articles for publication.

Articles should be submitted three months before publication (i.e. October for the January issue, January for the April issue, April for the July issue, and July for the October issue).

Research Updates

The *Newsletter* is particularly keen to publish contributions concerning ongoing research. These can reflect any stage in the research process, e.g. ideas for discussion or early stage results, which are not ready for formal publication. Try to keep them below 500 words.

The Editorial Board reserves the right to make minor changes to any submissions. Where major editing is necessary, the authors will be informed. All contributions must be typed.

Images

The *Newsletter* is published in black-and-white. It is not advisable to send complicated, colour diagrams. If you are unsure, try printing the image or photo out on a mono laser printer to check for clarity.

Please send original image files (.tif, .jpg, .eps or the like), not simply a Word document with the pictures imported into it, as these do not print properly.

Submission Procedure

Please submit articles as a Word file via e-mail to aja3@st-andrews.ac.uk. Language should be inherently respectful to older people and consistent with the British Psychological Society's guidelines. Formatting should be consistent with the Society's guidelines.

When submitting articles please send the following information:

- Full name;
- Affiliation (title, place of work);
- Contact details (should you be willing to be contacted by the membership);
- Acknowledgements (as appropriate).

Finally, if you are reporting research, please indicate whether or not Ethics Committee approval was awarded, and by which Ethics Committee, or whether the work was carried out as an audit/service evaluation project.

Letters to the Editor

The Editor welcomes correspondence which combines brevity with rational argument. Letters may be edited if more than 250 words in length.

All contributions should be sent to: aja3@st-andrews.ac.uk